

CAREER MAPPING : CREATE AN ITINERARY FOR YOUR PROFESSIONAL LIFE

STEP 1. KNOW THY SELF

WHAT INTERESTS YOU?

DRAW YOUR HAPPY PLACE

WHAT DO YOU VALUE?

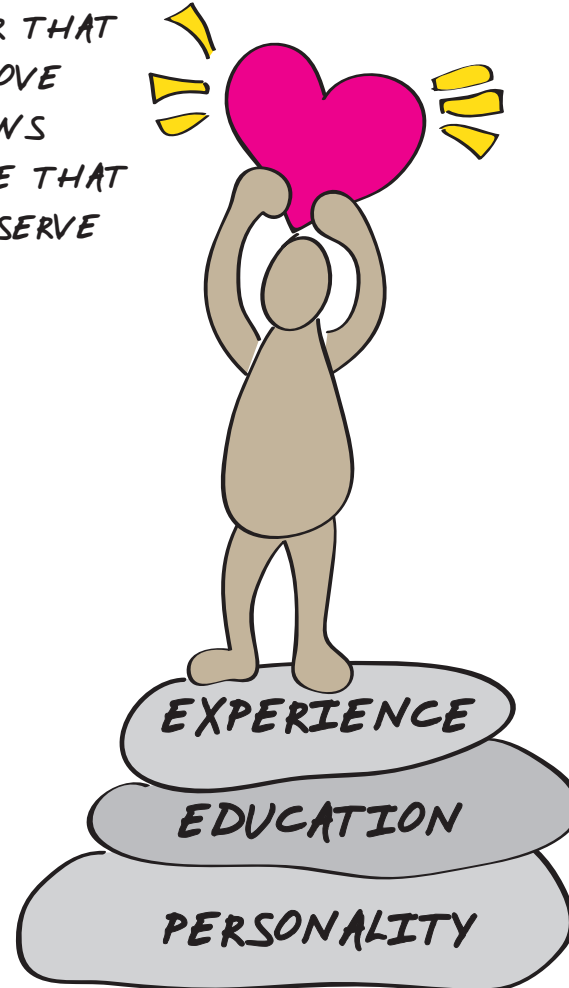
HOW DO YOU PREFER TO:

- ◆ FOCUS YOUR ATTENTION? OUTWARD OR INWARD
- ◆ TAKE IN INFORMATION? SENSES OR INTUITION
- ◆ MAKE DECISIONS? THINKING OR FEELING
- ◆ RELATE TO THE OUTER WORLD? JUDGING OR PERCEIVING

MYERS-BRIGGS TYPE INDICATOR (®)

WHAT ARE YOUR GIFTS?

A CAREER THAT YOU LOVE
ALLOWS THE LIFE THAT YOU DESERVE



STEP 3. DEFINE YOUR PATH

DESCRIBE YOUR DREAM JOB IN _____ YEARS

STAND ON THE SHOULDERS OF GIANTS

FIND THREE PEOPLE WHO DO THIS WORK & STUDY THEM.

- * EXPERIENCE
- * EDUCATION
- * PERSONALITY

LOOK FOR PATTERNS, DO THEY FIT FOR YOU?

STEP 2. DREAM BIG

HOW DO YOU WANT TO CHANGE THE WORLD?



(PIE) CHART YOUR VISION



TIME WORKING INDOORS VS. OUTDOORS

TIME AT A DESK VS. MOVING AROUND

DRAW YOUR DREAM OFFICE

STEP 4. MAKE A PLAN TO FOLLOW YOUR BLISS ...



AND REGULARLY CHECK TO MAKE SURE IT FITS!

